

महाराष्ट्र शासन

आयुष संचालनालय, महाराष्ट्र राज्य, मुंबई.

DIRECTORATE OF AYUSH, MAHARASHTRA STATE, MUMBAI.

शासकीय दंत महाविद्यालय व रुग्णालय इमारत, चौथा मजला, सेंट जॉर्जस रुग्णालय आवार, पी डिमेलो रोड, मुंबई-४०० ००१.

Government Dental College & Hospital Building, 4th Floor, St.George's Hospital Compound, P.D' mello Road, Fort, Mumbai - 400 001.

कार्यालय - दुरध्वनी व फॅक्स - ०२२-२२६२६००७
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जा.क्र.आसंमुं/Corona Virus/माहिती/आयु-२/

दि.

तात्काळ/ई-मेलद्वारे

12 MAR 2020

प्रति,

अधिष्ठाता/प्राचार्य,


सर्व शासकीय/शासन अनुदानित/शासन विनाअनुदानित
आयुर्वेद/होमिओपॅथी व युनानी महाविद्यालये,
महाराष्ट्र राज्य.

विषय : Corona Virus (COVID-१९) बाबत आयुष मंत्रालय, नवी दिल्ली द्वारा निर्गमित
मार्गदर्शक सुचना / Recommendations.

संदर्भ : सह सचिव, आयुष मंत्रालय, भारत सरकार, नवी दिल्ली यांचे अर्धशासकीय पत्र
क्र .S. १६०३०/१८/२०१९-NAM दिनांक ०६.०३.२०२०.

उपरोक्त विषयांकित प्रकरणी, आयुष मंत्रालय नवी दिल्ली यांचे संदर्भित दिनांक ०६.०३.२०२० रोजीच्या अर्धशासकीय पत्राद्वारे, सर्व राज्य व केंद्रशासित प्रदेशांकरिता Corona Virus (COVID-१९) बाबत आयुष चिकित्सा पध्दतीशी संबंधित व मार्गदर्शक सुचना निर्गमित केल्या आहेत. सदर सुचना आपल्या महाविद्यालयाशी संलग्नित रुग्णांना, त्यांचे नातेवाईकांना तसेच कर्मचारी वर्ग यांना अवगत करणेबाबत निर्देश दिलेले आहेत. (सोबत प्रत संलग्नित)

यास्तव आपणास सूचित करण्यात येते की, उपरोक्त संदर्भित पत्राचे अनुषंगाने, Corona Virus (COVID-१९) बाबत आयुष चिकित्सा पध्दतीशी संबंधित व मार्गदर्शक सुचना याबाबत आपल्या महाविद्यालयातील विद्यार्थ्यांना, महाविद्यालयाशी संलग्नित रुग्णांना, त्यांचे नातेवाईकांना तसेच कर्मचारी वर्ग यांना माहिती द्यावी.


(वैद्य कुलदिप राज कोहली)

संचालक आयुष,
आयुष संचालनालय, महाराष्ट्र राज्य, मुंबई.



सत्यमेव जयते

वैद्य राजेश कोटेचा
Vaidya Rajesh Kotecha



एक कदम स्वच्छता की ओर



सचिव

भारत सरकार

आयुर्वेद, योग व प्राकृतिक चिकित्सा

यूनानी, सिद्ध, सोवा रिग्पा एवं होम्योपैथी (आयुष) मंत्रालय

आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,

आई.एन.ए, नई दिल्ली-110023

SECRETARY

GOVERNMENT OF INDIA

MINISTRY OF AYURVEDA, YOGA & NATUROPATHY

UNANI, SIDDHA, SOWA-RIGPA AND HOMOEOPATHY (AYUSH)

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D.O. No. S. 16030/18/2019 -NAM

Dated: 06th March, 2020

As you are aware, incidences of Corona Virus (COVID-19) have been reported worldwide and 30 Positive cases of Corona Virus have also been reported in India till date. Even though there is no panic response warranted, AYUSH being one of the important Ministry equipped for providing appropriate response to the circumstances arose due to this public health challenge, it is worthwhile to associate with other Stake holders in eliciting AYUSH based public health response considering the strength and evidences of these systems. In the past also, interventions under AYUSH systems had been varyingly used for making an effective public health response in similar situations faced in many States/UTs.

Keeping in view, Ministry of AYUSH with the recommendations from Research Councils under its administrative control has come out with an advisory (Copy enclosed as **Annexure-I**) which may be communicated /implemented through AYUSH personnel and facilities as per the prevailing system of medicine in your State/UT.

These interventions from different AYUSH systems of medicine are supported with evidences for promotion of immunity and help in improving the respiratory symptoms in similar diseases. In this regard, a separate list of references is also enclosed at **Annexure-II** for your ready reference.

Therefore, I request you to do the needful for appropriate roll out of this strategy in consultation with other stake holder departments responsible for Public Health in your State/UT.

Yours sincerely,

-Sd/-

(Rajesh Kotecha)

Encl: as above

To,

Chief Secretaries of all States/UTs.

Copy to:

- 1) Principal Secretary AYUSH/Health of all States/UTs
- 2) Director/Commissioner/Mission Director (AYUSH) of all States/UTs.

RAJESH
KUMAR
KOTECHA

(Rajesh Kotecha)

Digitally signed by
RAJESH KUMAR
KOTECHA
Date: 2020.03.06
19:25:05 +05'30'

**ADVISORY FROM MINISTRY OF AYUSH FOR MEETING THE CHALLENGE
ARISING OUT OF SPREAD OF CORONA VIRUS (COVID-19) IN INDIA**

Corona viruses (CoV) are a large family of viruses that cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS-CoV). The new Corona virus disease (COVID-19) was first reported from Wuhan, China, on 31 December 2019. 72 countries reported COVID-19 incidence with 90,870 confirmed cases and 3112 deaths as per WHO factsheet as on 03.03.2020. As on 03.03.2020, 05 confirmed cases are reported in India from various parts.

Common signs of infection include fever, cough, myalgia, fatigue and breathing difficulties. In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death.

The function of the immune system is critical in the human response to infectious disease. Viral infections induce oxidative stress and cause damage to airway epithelial cells. A growing body of evidence identifies stress, nutrition and immunity as a cofactor in infectious disease susceptibility and outcomes. The mainstay in management of corona viral infections has been supportive care, nutrition and preventing further progression in the absence of any antiviral agent or vaccine.

During Ebola outbreak in 2014 expert group of WHO has recommended that "it is ethical to offer unproven interventions with as yet unknown efficacy and adverse effects, as potential treatment or prevention" keeping in view no vaccine or anti-virals were available.

Approach of AYUSH systems:

The holistic approach of AYUSH systems of medicine gives focus on prevention through lifestyle modification, dietary management, prophylactic interventions for improving the immunity and simple remedies based on presentations of the symptoms.